

Fremantle Hospital and Health Service

Free 'flu needle tomorrow

With Winter just around the corner it's that time of the year again for staff across Fremantle Hospital and Health Service (FHHS) to have their annual 'flu needle.

It's on tomorrow, Tuesday April 7.

The annual 'flu barbeque luncheon will be held outside L Block between noon and 2pm.

A team of expert staff will be on hand to see that the process is as painless as possible.

All senior executives of both South Metropolitan Area Health Service and FHHS are urging staff to consider the 'flu vaccination because it has many benefits, such as:

1. It's safe and protects you from the dreaded 'flu.
2. It keeps staff at work because they do not need to take time off.
3. It protects our patients, and fellow workers, because less people are carrying the virus around the hospital.
4. It is preventative health leadership at its best.

Staff who can are urged to be at L Block garden area between noon and 2pm tomorrow to get their protective jab.

Dr Shirley Bowen, Executive Director of FHHS, will show the way as one of the first to receive the vaccination.

"I am well aware of the impact the 'flu virus can have on staff and I am very happy to have the protection so that I am able to be at work throughout the Winter," Dr Bowen said.

"Our staff are at the front of treating people with a range of problems and to be 'flu free adds to our ability to make the patient's journey through our hospital that much better."

Last year more than 2000 staff received inoculations.

Infection control staff are hopeful this figure will be exceeded in 2009.

Staff unable to get to the event tomorrow will be serviced by a mobile 'flu trolley which will traverse the campus for a month after tomorrow's event.

Those people who are unable to attend tomorrow's launch can make an appointment with the Staff Health Nurse who is located in B Block on Level 5.



Follow the leader . . . Dr Shirley Bowen gets her 'flu needle from Infection Control nurse, Wendy Calnan. It's your turn tomorrow!

Editorial requests for FHHS Bulletins can be sent to Public Relations - baden.pratt@health.wa.gov.au

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"I urge all staff working across Fremantle Hospital and Health Service to have the 'flu vaccine in 2009. It protects our staff, our patients and our families."

Dr Shirley Bowen, A/Executive Director FHHS

